

Untangle Early-Bird Referral Form

We know forms are *BORING* but this needs to be completed to get to the fun part. This application form should take no longer than 5 minutes to complete and you can ask someone to help you if you need assistance completing this online. Or, you can download and print the form and return it to us by post at:

Untangle CIC, Chayple, De Lank, PL30 4NB.

This form will register your interest in our free socially prescribed sessions. We will be in touch when our funding is confirmed and places become available to reserve. We're so happy you're here!

** Indicates required question*

1. Full Name *

2. Date of Birth *

Example: 7 January 2019

3. Phone number *

4. Email Address *

5. Address *

6. Please tell us why you would like to take part in our socially prescribed creative movement projects. Think about what you would like to gain from the experience? (select as many or few answers as you like) *

Tick all that apply.

- I would like to improve my overall mental health
- I would like to improve my overall physical health
- It will be a good opportunity to meet new people
- It will be a good opportunity to learn new skills
- I don't have access to any other dance or movement classes in my area and it's something I'm passionate about
- I would like to learn how to better manage my health and wellbeing
- It would be good rest bite from my duties as a carer (or similar role)
- Other: _____

What and Where

Tell us which project(s) you'd like to be invited to and where you're based. We design our services around the needs of our community, so please try to be realistic about where you can get to and what you can commit to.

7. What would you like to participate in? *

Tick all that apply.

- The 12 week dance project
- Regular multi-games sessions
- Individual circus skills workshops

8. Where can you get to for sessions?

Tick all that apply.

- Bodmin
- Liskeard
- Newquay
- Penryn
- Penzance
- Redruth
- St Austell
- Truro
- Wadebridge

Thankyou

We appreciate you registering your interest early! We will be in touch soon with more information and look forward to helping you on your wellbeing journey.

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